

Opioids / Medication Refill Policy

-----Refill requests, call (435) 655-6574 during our clinic's normal business hours and before 12pm on Fridays-----

Leave a voicemail with your name, surgery date, pharmacy, and medication being requested. For opioids, it is helpful if you tell us the average number of pills you are taking.

NO REFILLS will be sent after-hours, weekends, or holidays.

Please allow 24 hours to process your request. Please reach out to your pharmacy directly for updates on your refill status.

Do not ask the after-hours call provider to send in a refill. IT IS YOUR RESPONSIBILITY to monitor the amount of medication you have left and call us for a refill in a timely manner.

CONTROLLED SUBSTANCES

Opioid pain medications are controlled substances with special rules and considerations. They can be very effective at controlling post-operative pain, but need to be used as prescribed to reduce risk of adverse events. We expect that you wean off of these medications within 2-6 weeks of surgery. Please call us to discuss alternative pain control options if you are struggling with pain or negative side effects.

Opioid examples: Ultram (tramadol), Norco/Lortab/Vicodin (Hydrocodone/acetaminophen), Roxicodone (Oxycodone), Percocet (oxycodone/acetaminophen), Dilaudid (hydromorphone)

Common opioid side effects: nausea, itch, constipation, respiratory depression

DO ensure you are exhausting your non-opioid pain control medications before taking opioids

DO store in a safe place. Lost or stolen prescriptions will not be refilled early.

DO take only as prescribed.

DO NOT increase your dose without discussing with your provider.

DO NOT share or sell these medications.

DO NOT drive while taking opioids.

DO NOT combine with alcohol, sedatives, anti-anxiety medications, or sleep aids (this combination can be life-threatening as it decreases your body's respiratory drive)

OPIOIDS HAVE THE POTENTIAL TO BE ADDICTING