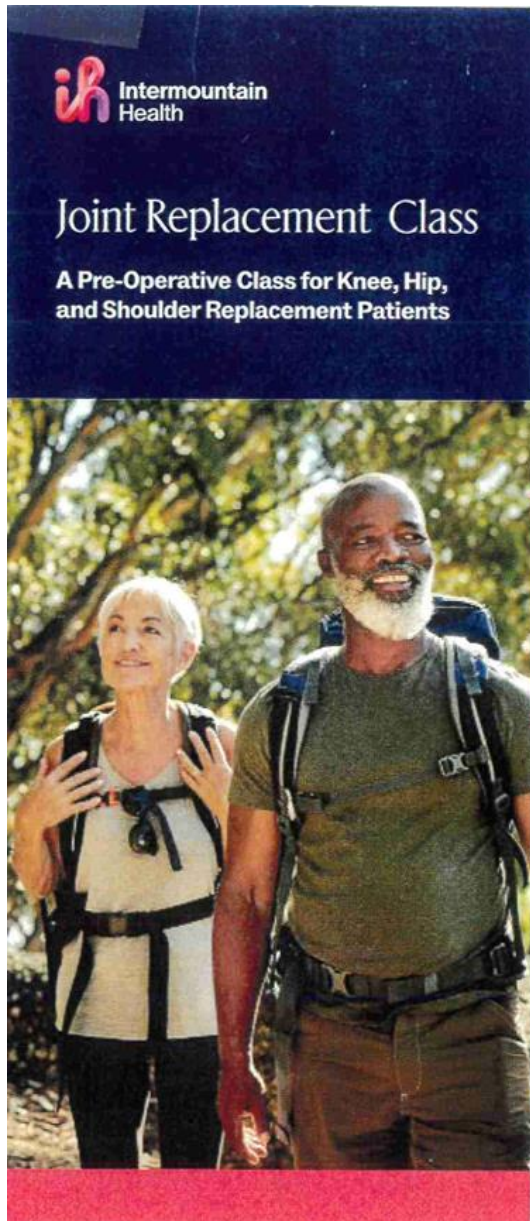


Joint Replacement Class



The flyer features the Intermountain Health logo at the top left. The title "Joint Replacement Class" is prominently displayed in white text on a dark blue background. Below the title, it specifies "A Pre-Operative Class for Knee, Hip, and Shoulder Replacement Patients". The bottom half of the flyer shows a photograph of an older couple hiking through a wooded area, both wearing backpacks and looking towards the camera with smiles.

Surgeons recommend that their patients and caregiver(s) attend a free education class before surgery. The class will teach you about:

- › Preparing for surgery
- › Preventing complications
- › Managing pain
- › Physical therapy expectations

** After scanning QR code, scroll down the page to find "Free Joint Replacement Class"*



Register for your joint replacement class by scanning the QR code or visit the link below.

<https://intermountainhealthcare.org/classes-and-events/list/total-joint-replacement-class>

If you need assistance to register for a class please contact:

Kelly Valesky, RN, BSN, ONC
Total Joint Coordinator
Park City Hospital
(435)658-7298
kelly.valesky@imail.org

REACH OUT TO KELLY BY EMAIL FOR FASTER RESPONSE!

Be sure to sign up for a class with Park City Hospital, even if your surgery will take place at Heber Valley Hospital or the Park City Surgery Center (ASC).