

Medications to Stop Prior to Surgery

NSAIDs (anti-inflammatory)

STOP taking these medications 7 days prior to surgery. NSAIDs increased risk of bleeding.

Motrin/Advil (ibuprofen)	Voltaren (diclofenac)	Relafen (nabumetone)
Aleve (naproxen)	Celebrex (celecoxib)	Aspirin
Indocin (indomethacin)	Mobic (meloxicam)	

Anticoagulants/Antiplatelets

If you are taking any of the following, contact your prescribing doctor to determine your stop date.

Coumadin (warfarin)	Plavix (clopidogrel)	Pradaxa (dabigatran)
Heparin	Effient (prasugrel)	Xarelto (rivaroxaban)
Lovenox (enoxaparin)	Brilinta (ticagrelor)	Elequis (apixaban)
Fragmin (delteparin)	Persantine (dipyridamole)	Savaysa (edoxaban)
Arixtra (fondaparinux)	Aggrenox (aspirin/ dipyridamole)	

Vitamins/Herbal Supplements

Stop taking all natural products, herbal medicines, vitamins, and other supplements 7 days prior to surgery. This is due to a potential increased risk of bleeding, herbal-drug interactions, and interactions with anesthesia.

****we advise stopping oral estrogen 30 days prior to surgery as they have blood clotting side effects****

If you are taking any of the following, contact your prescribing physician to discuss temporarily stopping this medication due to increased risk of infection. The table below shows recommended stop dates prior to surgery. Do not restart a stopped medication until your wound is healed.

Rheumatrex (methotrexate) ----- no hold	Remicade (infliximab) ----- 4 weeks
Arava (leflunomide) ----- 2 days	Humira (adalimumab) ----- 14 days
Azulfidine (sulfasalazine) ----- 1 day	Kineret (anakinra) ----- 2 days
Plaquenil (hydroxychloroquine) ----- no hold	Imuran (azathioprine) ----- 1 week
Enbrel (etanercept) ----- 14 days	Orencia (abatacept) ----- 4 weeks
Simponi (golimumab) ----- 4 weeks	Cimzia (certolizumab) ----- 4 weeks

If you have specific medication questions, please reach out to your Primary Care Provider for recommended stop time before surgery.

Failure to discontinue the listed medications could result in cancellation of surgery.