

Edemawear Compression

(this is optional but highly recommended – not mandatory – intended for initial recovery after surgery)

EdemaWear®

THE Post-Op Light Compression Stockinet Choice

Recommended in the "**Wickline Protocol**" as it provides dermal interaction and light compression (8-12mmHg) (**70% of lymphangions are in the skin layer!**).

1. Use the thigh high size **EdemaWear Small SHAPED** product for patients with thigh circumference less than 24" (measure 4 inches above patella (almost ALL patients use this size)).
2. Use **EdemaWear Medium** thigh high product for thighs measuring >24" (less than 2% of your practice).

Advantages of EdemaWear Over Existing Compression Garments:

1. **Comfortable** making compliance high.
2. **Easy** to don & doff. **Use 3-6 weeks post-op, 24/7.**
3. **Cooler** - the open weave between the longitudinal wales of EdemaWear allows perspiration to evaporate.
4. Movement of the extremity stimulates the lymphatics causing **DRAMATIC swelling reduction.**
5. **Inexpensive.**
6. **Easy care** – hand or machine wash and hang dry.
7. Non-Latex. EdemaWear is made from Medical Grade Lycra Spandex and Nylon.



One week
Post-op
Left patient
ASA
Right side
Eliquis
BOTH with
110
degrees!



EdemaWear technology, Fuzzy Wale Compression™ (FWC) was developed at the University of Nebraska Medical Center. Traditional compression garments are lymphatic tourniquets. FWC represents an enormous physiological advantage for users. Over time, the wales press into the skin creating a *cornrow* furrow. In each cornrow furrow, tissue compression is high enough to be physiologically useful. Researchers hypothesize that noncompressed skin between the longitudinal wales act as a zero pressure zone, which enhances lymphatic drainage.