

GLP Medication Protocol

EXAMPLES:

Dulaglutide (Trulicity)
Exenatide (Bydureon BCise)
Semaglutide (Ozempic, Rybelsus)
Tirzeparide (Mounjaro)
Liraglutide (Victoza, Saxenda)
Teduglutide (Galtex)
Exenatide (Byetta)
Lixisenatide (Adlyxin)
Albiglutide (Tanzeum)

You may continue taking your medication during the surgery process

The day before surgery:

- You may have a *light* early morning breakfast before 7am
- No solid food for the rest of the day
- You may follow a liquid diet
 - o Liquid diet: water, glucose water, fruit juices without pulp, carbonated beverages, sports drinks (without protein), clear tea, black coffee...

The morning of surgery:

- You may have 12 ounces of Gatorade in the morning, up to 2 hours prior to your *arrival time* (not your surgery time)

*****surgery WILL be cancelled if you do not adhere to this protocol*****

***** any questions regarding this protocol, please contact the Park City Surgery Center*****